



FOR YOUTH DEVELOPMENT®  
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## LET'S DANCE!

The Meriden YMCA is excited to welcome back Amber Ganaros as the Dance Coordinator of our new dance program. Enroll now for Fall classes.

### Monday

- 9:00 am – 10:00 am Mommy and Me Creative Movement
- 5:00 pm – 6:00 pm Mini Star Tap and Ballet
- 6:15 pm – 7:15 pm Rising Star Hip Hop and Acro

### Tuesday

- 5:00 pm – 6:00 pm Mini Star Hip Hop and Acro
- 6:15 pm – 7:15 pm Rising Star Tap and Ballet

### Wednesday

- 9:00 am – 10:00 am Mommy and Me Creative Movement
- 5:00 pm – 6:30 pm Jr. Elite Acro, Hip Hop and Jazz
- 6:45 pm – 8:15 pm Elite Hip Hop, Jazz and Acro

### Thursday

- 5:00 pm – 6:30 pm Jr. Elite Contemporary, Ballet and Tap
- 6:45 pm – 8:15 pm Elite Ballet, Contemporary and Tap

### Friday

- 9:00 am – 10:00 am Mommy and Me Creative Movement
- Reserved for Solos, Duets, and Trios

### Saturday

- 9:30 am – 10:30 am Petite Tap / Ballet Combo
- 10:30 am – 11:00 am Petite Acro

For more information visit [www.meridenymca.org](http://www.meridenymca.org), call 203.235.6386 or contact Carolyn Daniels at [cdaniels@meridenymca.org](mailto:cdaniels@meridenymca.org).



Meet our Dance Coordinator

Amber Ganaros started her dancing career at a young age, training in Tap, Jazz, Ballet, and Contemporary. She has performed at many dance competitions throughout the New England area, and was invited to International Dance Competition's national competition. Amber graduated cum laude from Dean College. She had taught at many schools throughout New England and has earned choreography awards for Hip Hop and Contemporary. In 2016 she opened her own studio. She has taken her students to multiple competitions around the New England area winning high scores at every competition.

### MERIDEN YMCA

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